

# REGISTRATION FORM

Husband's name: \_\_\_\_\_

Contact number: \_\_\_\_\_

Email: \_\_\_\_\_

Wife's name: \_\_\_\_\_

Contact number: \_\_\_\_\_

Email: \_\_\_\_\_

Year of marriage: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Church: \_\_\_\_\_

Dietary restrictions, (if any): \_\_\_\_\_  
\_\_\_\_\_

Payment (\$300 per couple), paid by:

- cash
- cheque (bank: \_\_\_\_\_ / no. \_\_\_\_\_)

Please make your cheque payable to :

**Covenant Community Methodist Church**

*I hereby consent to CCMC collecting, and using these information for the purpose of contacting me, via phone calls, text messages and/or emails, on matters relating to the above activity.*

*Personal Data that has been provided will be protected and kept confidential but, this is subject to the provisions of any applicable law. CCMC will not disclose Personal Data to third parties without first obtaining consent to do so. However CCMC may disclose Personal Data to third parties without first obtaining consent in situations where such disclosure is permitted by the PDPA or by law or for the purposes as set out in CCMC's Personal Data Protection Policy which may be found at <http://www.ccmc.org.sg/pdpa>.*



## the marriage course

*Build a healthy marriage  
that lasts a lifetime!*

### SCHEDULE

Venue : Temasek Club (new location)  
131 Rifle Range Road  
Singapore 588406

=====  
**7 Wednesday night sessions  
7pm to 10.15pm**

- 21<sup>st</sup> Mar: Session 1 - Building Strong Foundations
- 28<sup>th</sup> Mar: Session 2 - The Art of Communication
- 4<sup>th</sup> Apr: Session 3 - Resolving Conflict
- 11<sup>th</sup> Apr: Session 4 - The Power of Forgiveness
- 18<sup>th</sup> Apr: Session 5 - The Impact of Family
- 25<sup>th</sup> Apr: Session 6 - Good Sex
- 2<sup>nd</sup> May: Session 7 - Love in Action

**Closing date:** Sunday 11<sup>th</sup> Mar 2018

**Minimum number:** 11 couples

**Maximum number:** 18 couples

# The Marriage Course



...a great opportunity to invest in the future of your relationship



**7 Important Dates  
With Your Spouse**

Facilitated and hosted by:  
The Family Life Ministry  
Covenant Community  
Methodist Church



# the marriage course

## *7 important dates with your spouse*

### What is The Marriage Course?

It is a 7-session course designed for married couples who want to work together to develop a fantastic marriage and a great husband-wife relationship.

The course was developed by Nicky and Sila Lee, co-authors of *The Marriage Book* and *The Parenting Book*, from the Holy Trinity Brompton Church, London, UK (*where the Alpha Course originated*).

Started in 1996, the course is now conducted in various locations worldwide.

### Why attend The Marriage Course?

The target audience for this course are couples who have been married, preferably for at least 24 months.

Whether you are happily married or feel there are areas in your marriage relationship which you need to work on, **this course is for you.**

The course seeks to provide couples with the necessary tools to help them strengthen their relationship as husband and wife.

Lessons will cover fundamental but essential topics like communication, conflict resolution, family influence, sex, and love in action.

Couples will gain insights and practical skills to address relationship issues which tend to get ignored or handled in ways that hinder the development of an even more enriching marriage experience for the couple.

### How will the course be conducted?

The course is designed to let you participate in a relaxing and non-threatening way:

- you will be going on 7 dates with your spouse
- each date will start off with a nice buffet dinner where you will get to mingle with other couples
- lessons will commence after dinner, and will be conducted via video program
- during the course of the video lesson, couples will have the opportunity to discuss issues from the lesson content **with each other ONLY**
- there will also be homework for you and your spouse to do.

**There will be NO group discussions;** all sharing and discussion as part of the lessons will be only between you and your spouse **only.**

## YOUR INVESTMENT



**Venue:** Temasek Club (New Location)  
131, Rifle Range Road

**Cost:** \$300 per couple

Cost fee is heavily subsidized by CCMC and covers:

- ❖ dinner for 2 for all 7 sessions
- ❖ course workbook for each individual

***Please register early as places are very limited.***

***Registration closes:***

**Sun 11<sup>th</sup> Mar 2018**

For enquires or more information about the course, please contact:

- Colin Wan – colinwan@gmail.com
- CCMC Admin: 6466-9652